



# 4-H FAMILY NEWS



UNIVERSITY OF WYOMING



TETON COUNTY EXTENSION SERVICE

JUNE-AUGUST, 2013

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**Amanda Zamudio**

University Extension  
Program Educator  
4-H/Youth

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Jackson, WY 83001  
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Email:  
azamudio@tetonwyo.org

Hello 4-H members, families, and leaders,

What a year it has been! It seems like a month ago I started as the 4-H Educator and today, May 30<sup>th</sup> marks a year! It has been a great year here in Teton County and I look forward to the next. I truly appreciate all the hospitality and support the 4-H families and leaders that have made me feel like part of the Teton County family.

Summer time is here and we are busy in the 4-H Office preparing for all the great summer events. **THIS IS YOUR FAIR NEWSLETTER** please pay close attention to all the information and forms they are very important.

I hope you join us for all the great opportunities we are offering this year and I know it will be a blast! Fair is right around the corner so this is a good time to start planning. Please write down all the important deadlines down so you can stay on track. The fair books are out and you can pick one up at the office.

The office would like to welcome our new administrative assistant Kaitlyn Romsa. Kaitlyn graduated from Central Wyoming College with an associates in equine science and was a past 4-H member here in Teton County. She participated in horse, sewing, sheep, clogging, and junior leaders and was a C.C. Moseley scholarship recipient. We are excited to welcome her to the office and our 4-H family.

Please feel free to call the office if you have any questions or concerns about the events that are mentioned in this newsletter. We will continue to send the Teton Weekly Bulletin every Friday to keep you informed on what is happening in Teton County 4-H.

See ya around,

Amanda Zamudio

**SUPPORT STAFF**

Office Manager- Justine Logan  
Administrative Assistant- Kaitlyn Romsa



# JUNE

**SUN MON TUE WED THU FRI SAT**

						<b>1</b> Sportfishing 6:00 Kid's fishing day at the hatchery
<b>2</b>	<b>3</b> <i>Rabbit ID and Poultry ID, DUE!</i> Alta Junior Cooking 2:30 Alta 4-H Cookie Day 3:30 Small Animal Club 6:00 Sharpshooters - Rifle 6:25	<b>4</b> Cake Decorating 4:30 Alta Riding Group 6:00 Jr. Leaders 6:00 4-H Dog - 6:15 Razorback Archery - Make up meeting	<b>5</b> <i>Teton County Skill-A-Thon Contest; Live- stock and Dog 5:00</i> Clogging 5:30 Baa Maa Lamb 6:30	<b>6</b> <i>Teton County Skill-A- Thon; Horse and Small Animal 5:00</i>	<b>7</b> <i>Showcase Showdown Paperwork Due by 5:00</i>	<b>8</b>
<b>9</b>	<b>10</b> <i>Area Food Cook Off Registration Due To Afton Office by 5:00</i>	<b>11</b> Alta Riding Group 6:00 4-H Dog - Pet Partners 6:15	<b>12</b> <i>Area Food Cook Off 10:00am</i> Citizenship Club 5:30 Clogging 5:30	<b>13</b> Wilson Hoofbeats 9:00am Photography 6:00 Devine Swine 6:30	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b> <i>State Shoot Paperwork Due by 5:00</i>	<b>18</b> Cake Decorating 4:30 Alta Riding Group 6:00 4-H Dog - Pet Partners	<b>19</b> Clogging 5:30 Baa Maa Lamb & Goat 6:30	<b>20</b> Wilson Hoofbeats 9:00am Teton Livestock 6:30	<b>21</b> <i>Livestock Judging Clinic 6:30</i>	<b>22</b> <i>Be A Champ Camp Alta Clinic 8:00</i>
<b>23</b> <i>Be A Champ Camp</i>	<b>24</b>	<b>25</b>	<b>26</b> Clogging 5:30	<b>27</b> Wilson Hoofbeats 9:00am Photography 6:00	<b>28</b>	<b>29</b>
<b>30</b>	Citizenship & Quilting Club Joint Meeting 6:00	Alta Riding Group 6:00 4-H Dog - Pet Partners 6:15				

Wyoming Showcase Showdown, Laramie



# JULY

**SUN MON TUE WED THU FRI SAT**

	<b>1</b> Small Animal Club 6:00	<b>2</b> Cake Decorating 4:30 Alta Riding Group 6:00 Jr. Leaders 6:00 4-H Dog - Pet Partners 6:15	<b>3</b> Clogging 5:30	<b>4</b> Happy 4th of July! Office Closed!	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> <i>Fair Entries Due!!!! By 5:00</i>	<b>9</b> <i>4-H Council Mtg. 5:30</i> Alta Riding Group 6:00 4-H Dog - Pet Partners 6:15	<b>10</b> Clogging 5:30 Citizenship Tree Planting 5:30	<b>11</b>	<b>12</b>	<b>13</b>
				<b>Wyoming State Shoot, Douglas, WY</b>		
				Wilson Hoofbeats 9:00am Photography 6:00 Devine Swine 6:30		
<b>14</b>	<b>15</b> <i>Alta 4-H Fair Prep 6:00</i>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> <i>Fair Archery Shoot 9:00 am; 11:00 am; 1:00 pm</i>	<b>20</b>
			<b>4-H Camp, Alpine WY</b>			
			Alta Riding Group 6:00 4-H Dog - Pet Partners 6:15	Clogging 5:30 Baa Maa Lamb & Goat 6:30	Wilson Hoofbeats 9:00am <b>Shot Gun Fair Shoot 6:00 pm</b> <i>Alta 4-H Community Picnic &amp; Auction 5:00</i>	
<b>21</b>	<b>22</b> Sharpshooters 6:15	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
			<b>TETON COUNTY FAIR</b>			
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			



# AUGUST

**SUN MON TUE WED THU FRI SAT**

				1	2	3
					<p><i>Mandatory State Fair Meet- ing 5:30 State Fair Ex- hibits due to the 4-H Office by 5:00 pm</i></p>	

4	5	6	7	8	9	10
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11	12	13	14	15	16	17
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## WYOMING STATE FAIR, DOUGLAS, WY

18	19	20	21	22	23	24
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25	26	27	28	29	30	31
----	----	----	----	----	----	----

★ **30**  
RECORD  
BOOKS DUE  
 All record  
books due by 5  
PM. Late books  
will not be  
judged

# Character Counts

## Responsibility

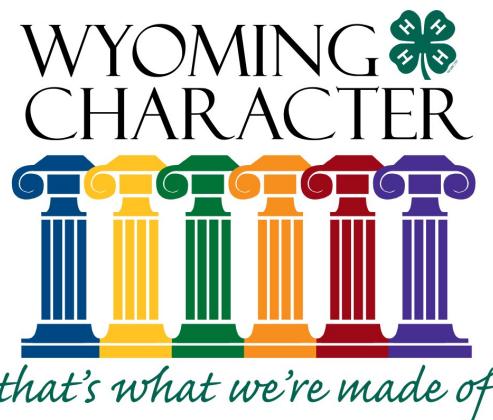
### Strengthen Your Character with RESPONSIBILITY

- Accept responsibility for the consequences of your actions.
- Think long-term
- Set a good example
- Do not make excuses.
- Choosing not to choose is a choice



"Being a role model is not a voluntary position."

June 2013



For Character Counts Activities please visit [www.4h.uwyo.edu](http://www.4h.uwyo.edu)

### Lesson In Responsibility

- Responsible people understand that their actions speak louder than words. Being a good role model means leading by example, and doing the right things even when no one is watching. Responsible people are accountable to themselves as well as others, and do not make excuses for anything.

### Take a Stand

**MATERIALS**—List of statements, Four signs (Strongly Agree, Agree, Disagree, Strongly Disagree) placed throughout the room

**OBJECTIVE**—Commit to making a decision, and being responsible for the choice

#### Procedure

1. Tell participants that they will go to the sign in the room that best describes how they feel about the statement read. For each statement ask why participants are standing where they are. Are there times when the statement may be acceptable or unacceptable?
  - A. Older members should help younger members.
  - B. Parents should do work for their kids.
  - C. Kids should let their parents do work for them.
  - D. Its ok to let your friends steal something as long as you didn't participate.
2. Ask the group if anyone would have changed to a different location after discussing the statements. What changed their minds? What things had they not thought of?
3. Apply responsibility to every day life. Ask if participants have ever been in a situation in which they felt like they should speak up either for or against something or someone. What did they do? What would they have done differently given the chance?

Like this activity? Find more like this in the "Good Ideas Book" at your local Extension Office

**July**

Tag Abel	Madisson Halas	Stevie Taylor
Claire Andrews	Logan Jewell	Kirsten Uptain
Rivkah Baror	Leah MacFarland	Beau Walker
Abigail Brazil	Mylee McCool	Josey Welfl
Kirby Castagno	Joni Moyer	
Tanner Colson	Brent Offutt	
Wyatt Dieckmann	Chloe Stines	
Emma Genzer	Liam Sullivan	

**HOPE YOU HAVE WONDERFUL BIRTHDAY  
DAY FILLED WITH FUN AND JOY.  
HAPPY BIRTHDAY!**

**August**

Coy Abel	Mataya Foster	Molly Moyer
Jordan Bauer	Emilie Gocke	Olivia Roberts
Bridger Brengle	Bridget Gwilliam	Emmit Ross
Wren Buchenroth	Isabel Gwilliam	Zane Schroeder
Reegan Castagno	Htet Hnin	Dori Sinclair
Caden Colson	Skyler LaRosa	Brianna Uptain
Reece Colson	Kristina MacLeod	Gabriel Wilson
Rylee Colson	Ryder Marshall	Tucker Wilson
Emma Fini	Bri Matthews	

# OUTSTANDING SERVICE

The Teton County 4-H Members and Families did an outstanding job helping with the Teton County Fair Clean-Up and Spring Highway Clean-Up. We appreciate all your great work and want to say THANK YOU for your outstanding service. Sorry if we missed anyone we appreciate all your hard work.



Gavi Bar-or  
Rivkah Bar-or  
Bennett Blount  
McKenna Brinton  
Clark Buchenroth  
Wren Buchenroth  
Casey Budge  
Cola Budge  
Kate Budge  
Beth Carlson  
William Carlson  
Brayden Castagno  
Kinzie Castagno  
Kirby Castagno  
Steve Castagno  
Ashlynn Chamberland  
Bailey Chamberland  
Kelly Clark  
Sydney Clark

Caden Colson  
Lora Colson  
Rylee Colson  
Brian Cook  
Colten Cook  
Conner Cook  
Kade Cook  
Grace Curran  
Zoe Curran  
Stacey Dieckmann  
Wyatt Dieckmann  
Lilly Eggett  
Melissa Fox  
Ashlynn Funk  
Shaeli Funk  
Trudy Funk  
Emma Genzer  
Kayli Genzer  
Rebecca Genzer  
Steve Genzer  
Dylan Grant  
Derek Grant  
Tiffany Grant  
Erik Greger  
Becca Gribier  
Nevin Gribier  
Abby Hardeman  
Gracie Hardeman  
Hailey Hardeman  
Brody Hasenack  
Shannon Hasenack  
Amy Hindman  
Henry Horstmann  
Colter Lucas  
Shane Lucas  
Niki Lynes  
Angelique Mallatt  
Selina Mallatt  
Chris Mayers  
Shilah May  
Macie McCormick  
AJ McCool  
Mylee McCool  
Riley McFarland  
Kathy McFarland  
Mack McFarland  
Kameron Moroneso  
Eddie Owens  
Melissa Owens  
Alise Prestrud

Brad Riotto  
Trenton Ross  
Justin Rowe  
Parker Rowe  
Susan Rowe  
Pontier Sackrey  
Cora Schwabacher  
Melodie Schwabacher  
Gordon Schwabacher  
JT Statter  
Chloe Stines  
Megan Tucker  
Rachel Tucker  
Trey Wagner  
Will Wagner  
Eric Walker  
Lisa Wilson  
Seth Wilson

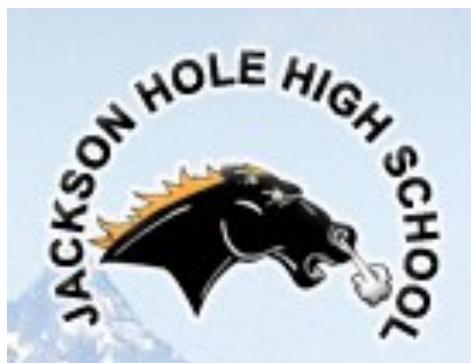


Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop.- Dorothy Height

# CONGRATULATIONS GRADUATES!

We would like to say Congratulations to all the graduates that are in the 4-H Program. We wish you the best of luck in your future endeavors and we look forward to seeing you back in the office for visits. Congratulations on all your accomplishments and best of luck to all of you as you head off to start this new chapter in your life.

**There is a good reason they call these ceremonies "commencement exercises". Graduation is not the end, it is the beginning- Orrin Hatch**



Whitley Beard  
Emma Bode  
Kyle Brimeyer  
McKenna Brinton  
Wyatt Christensen  
Jake Davidson  
Zane Dayton  
Melissa Fox  
Golden Garnick  
Markus Krisjansons  
Muy Lim  
Jamie Lucas  
Ryder Marshall  
Reilly Raube  
Brad Riotto  
Garrett Spencer  
Katie Stearns  
Will Wagner  
Gabriel Wilson



**"Do not go where the path may lead; go instead where there is no path and leave a trail." -Ralph Waldo Emerson**

4-H Leaders  
Council  
Meeting  
July 9,  
5: 30 p.m.  
4-H Office

All 4-H  
Leaders and  
Jr.  
  
Leaders are  
members of  
the  
  
4-H Council.  
Meetings are  
on the 2nd  
Tuesday of  
every other  
month at  
5:30 pm



The purpose  
of the 4-H  
Council is to  
ensure that  
the essential  
elements of  
positive youth  
development  
are incorpo-  
rated into all  
aspects of  
the county  
4-H program.

For more  
information  
visit our  
website:

[www.tetonwy.org](http://www.tetonwy.org)



# 4-H LEADERS



## Life Skills in the 4-H Program



### Positive Youth Development - the 4-H Way

The foundation of the 4-H Youth Development Program is based on the essential elements of positive youth development. These essential elements tie into the 4-H pledge and the basic life skills that are the base of all 4-H activities. While these learning experiences are "hands on" and deal with topics of current interest and relevance to the young person, they also develop basic, transferable skills useful in other settings. The challenge to you as a leader is to design and encourage youth to participate in experiences that build a variety of skills.

Youth need to feel that they are able to influence others through active decision making. A growing ability to think, feel, make decisions and initiate action represents the sense of responsibility and discipline that comes with increased independence and self-reliance.

Youth need a sense of physical and emotional safety. They need to feel connected to others in their group. Research shows that it is important for youth to have opportunities for long-term, consistent relationships with adults other than their parents. A sense of belonging may be the single most powerful factor that promotes positive youth development.

Youth need to feel their lives have meaning and purpose. By participating in 4-H community service and citizenship activities, youth can connect to communities and learn to give back to others. Youth learn that they do not live in a secluded world, but instead it is indeed a global community, which requires awareness and compassion for others.

In order to develop their self-confidence youth need to feel and believe they are capable. They also need to experience success at solving problems and meeting challenges. By exploring 4-H projects and activities, youth master skills to make positive career and life choices. Youth need to have a safe environment for making mistakes and getting feedback, not just through competition, but also as an ongoing element of participation.

### Teaching Life Skills and Promoting the 4-H Essential Elements

Each Essential Element reflects the types of skills that can be developed over one's lifetime, such as thinking, being, managing, relating, caring, giving, and working. The *Targeting Life Skills Model* identifies four types of life skills represented by the 4-H Clover emblem, Head, Heart, Hands, and Health. Each type, or "H," includes two different categories of skills. This model can guide you in planning and conducting 4-H learning experiences. By intentionally targeting one or more specific life skills, your club's activities will be more effective in promoting the 4-H Essential Elements.

### Begin with a Plan

When planning 4-H learning experiences, you can ask yourself these questions:

- What are the life skills I want youth to learn?
- How can I teach these life skills through experiences with specific subject matter?
- How can I reinforce the use of these life skills in future situations?
- How can I involve youth as resources for subsequent teaching and/or reinforcement of these skills?
- How can I create the context for belonging, self-reliance, generosity, and mastery?

Using these questions as a planning guide, you can create positive experiential activities that help youth master life skills and experience the 4-H Essential Elements now and in their future.

*Written by Sharon Kinsey and Ginny Powell/References Essential Elements of Youth Development Fact Sheet. [http://www.national4-hheadquarters.gov/about/4h\\_elements.htm](http://www.national4-hheadquarters.gov/about/4h_elements.htm).*

# SOME COOL THINGS TO DO...

## Teton County Skill-A-Thon Contests

June 5-6, 2013

4-H Office

5:00-8:00 pm



**Skillathon  
Information**

It is time to show what you have learned about your project! The skill-a-thon contests give ALL youth the chance to come out and test their knowledge on their projects. You can also participate in these events on the state level at Showcase Showdown and represent Teton County 4-H. We have separate nights for projects and awards will be presented that evening. Please talk to your leader now about getting involved in this event! We look forward to seeing everyone participate!

June 5th:

Livestock and Dogs

June 6th:

Horse and Small Animals



## Area Food Cook Off

It's a fun and exciting contest for 4-H'ers to exhibit their cooking skills! The contest is designed for 3-5 member teams (junior, intermediate, and senior) to showcase their cooking skills. Lincoln, Sublette and Teton County will be participating in this event. This is a fun opportunity and you do not need to be signed up for the foods project to participate at the county level. Using the list of ingredients listed select a recipe prior to the contest, and then compete for who's the best chef. You need to make enough food for the judges to make a choice. For more information contact the Extension Office.

Rules and more information available at: <http://www.uwyo.edu/4-h/youth/contests/foodcookoff/index.html>

June 12, 2013 - Star Valley High School at 10 am.

*Please pre-register by June 10 so we can make sure we have enough space. If you are interested in attending, please contact the Afton Extension Office, 885-3132.*

Juniors - 2 ingredients, Intermediates - 3 ingredients, Seniors - 5 ingredients

Recipes may be an appetizer, main course, side dish, or dessert.

**THE ENTIRE RECIPE MUST BE COMPLETED AND PLATED WITHIN AN HOUR!**

**Ingredients:** Fresh Herbs (any kind as long as it is FRESH), Fresh Ginger, Cocoa Powder, Greek Yogurt, Buttermilk, Brie, Rhubarb, Cranberries (any form), Pineapple, Kiwi, Pomegranate, Kumquat, Leeks, Asparagus, Spinach, Jicama, Water chestnuts, Kale, Egg Plant, Rice Flour, Whole Grain crackers, Oatmeal, Rice, Pork Loin, Chicken Breasts, Shrimp/Tuna/Fish, Beef Round Steak

# SOME COOL THINGS TO DO...

Here is a list of other 4-H events happening this summer that you can look into and participate in! Keep posted on the latest events happening in 4-H around Wyoming by visiting this link: <http://www.uwyo.edu/4-h/youth/other/index.html>. Each event has a blue link listed that will give you registration forms and more information about each event.

## All Projects:

**June 29<sup>th</sup>:** Interpretive Exhibition Entries due <http://www.uwyo.edu/4-h/youth/other/interpretive-exhibition.html>

**June 29<sup>th</sup>:** Flash Fiction Writing Contest Entries due

<http://www.uwyo.edu/4-h/youth/other/6-29-flash-fiction-info.pdf>

**August 4<sup>th</sup> -7<sup>th</sup>:** National 4-H Film Festival Branson, MO

<http://www.uwyo.edu/4-h/youth/other/8-3-national-film-fest.pdf>

## Dog:

**June 29<sup>th</sup>:** Dog Fun Match in Torrington <http://www.uwyo.edu/4-h/youth/other/6-29-dog-fun-goshen.pdf>

## Horse:

**June 9<sup>th</sup>:** Horse Progress Show in Gillette <http://www.uwyo.edu/4-h/youth/other/7-14-horse-progress-shows.pdf>

**June 12<sup>th</sup> and 13<sup>th</sup>:** Sublette Camp in Big Piney

<http://tetonwyo.org/ext/ex4H/docs/SubletteHorseCampRegistration.pdf>

**June 21<sup>st</sup>:** "Grow Em and Show Em Horse Camp" in Jackson

<http://tetonwyo.org/ext/ex4H/docs/HolmesHorseCamp.pdf>

**June 28<sup>th</sup>, 29<sup>th</sup>, 30<sup>th</sup>:** Bar 5 Bar Rodeo Camp in Wilson

<http://tetonwyo.org/ext/ex4H/docs/HolmesHorseCamp.pdf>

**June 30<sup>th</sup>:** Horse Progress Show in Gillette <http://www.uwyo.edu/4-h/youth/other/7-14-horse-progress-shows.pdf>

**July 14<sup>th</sup>:** Horse Progress Show in Gillette <http://www.uwyo.edu/4-h/youth/other/7-14-horse-progress-shows.pdf>

## Livestock and Small Animals:

**June 28<sup>th</sup> and June 29<sup>th</sup>:** Wacky Wahzoo's Open Jackpot Show for Livestock and Small Animals in Evanston <http://www.uwyo.edu/4-h/youth/other/6-28-lvstk-show-uinta.pdf>

**June 29<sup>th</sup>:** Big Horn County Jackpot in Basin

<http://www.uwyo.edu/4-h/youth/other/6-29-big-horn-livestock-jackpot.pdf>

**June 30<sup>th</sup>:** Park County Summer Sizzler Jackpot Show in Powell <http://www.uwyo.edu/4-h/youth/other/6-30-park-livestock-jackpot.pdf>

## Shooting Sports:

**June 8<sup>th</sup>:** Johnson Top Shot Contest in Buffalo <http://www.uwyo.edu/4-h/youth/other/6-8-top-shot-johnson.pdf>



# BE A CHAMP CAMP



By Mike and Jessica Zamudio

Sunday, June 23, 2013

Teton County Fairgrounds  
Jackson, WY

## Schedule of Events



*Swine* Covering clipping showmanship, feeding, and fitting

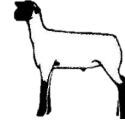
Showmanship practice at conclusion, pigs must be shown out of trailer .

Fee-\$ 25.00

7:30am -12:30pm



*Sheep and Goats*



Covering clipping and shearing showmanship, feeding, and fitting

Showmanship practice at conclusion.

Fee- \$25.00

1:00pm- 6:00pm



*Cattle*

Covering clipping, fitting, showmanship, hair work and feeding

Showmanship practice will be available, cattle must be broke. Clinic Staff are not liable for any accidents, unruly cattle will be sent home.

Fee- \$50.00

8:00am –5:30pm

## *Livestock Judging*

Friday, June 21 2013

6:30 pm- TBA

4-H Office

*Lunch will be provided with registration*

*“A little taste of Oklahoma Be A Champ Camps”*

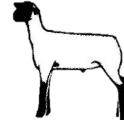


# BE A CHAMP CAMP



## Registration Form

Due June 7, 2013



Please send to:

Teton County 4-H

Amanda Zamudio

PO Box 1708

Jackson, WY 83001

Phone: (307) 733-3087

[azamudio@tetonwyo.org](mailto:azamudio@tetonwyo.org)

You are not required to have livestock to attend the clinic. Please feel free to attend whether you have livestock or not.

Name: \_\_\_\_\_

Age: \_\_\_\_\_

County: \_\_\_\_\_

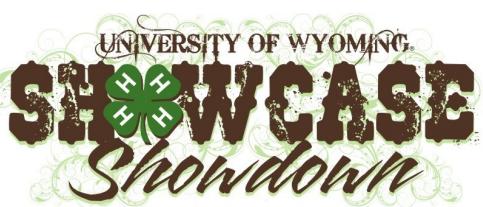
Phone: \_\_\_\_\_

Species: \_\_\_\_\_

Livestock Judging (please select one): Yes or No

*"A little taste of Oklahoma Be A Champ Camps"*

# WYOMING 4-H SHOWCASE SHOWDOWN



June 24-25, 2013

Tentative Schedule (*all times subject to change*)

## Monday, June 24, 2013

8:00 a.m.

[Livestock Skill-A-Thon Contest](#) & [Prepared Presentations Contest](#)

10:00 a.m.

[Food Cook-Off Contest](#) & In-Depth Activity: [Project Runway](#) (concludes with Fashion Show during dinner) & [State 4-H Leadership Team](#) Interviews

Noon

Lunch on your own

1:00 p.m.

[Hippology Contest](#) (Part 1) & [Dog Skill-A-Thon Contest](#) & [Robotics Contest](#) & [Impromptu Presentations Contest](#) & Presentations Contest continues & In-Depth Activity: [Practice Livestock Judging Contest](#)

4:00 p.m.

Produce Judging Coaches' Meeting

5:30 p.m.

Dinner followed by Awards Ceremony

7:00 p.m.

Horse Judging Coaches' Meeting

## Tuesday, June 25, 2013

6:30-8:00 a.m.

Breakfast (included in registration)

8:00 a.m.

[Cake Decorating Contest](#) & [Horse Judging Contest](#) & [Hippology](#) (Part 2) & [Rocket Launch Contest](#)

9:00 a.m.

Produce [Judging Contest](#) & In-Depth Activity: [Health Science Track](#)

Noon

Lunch (included in registration)

1:00 p.m.

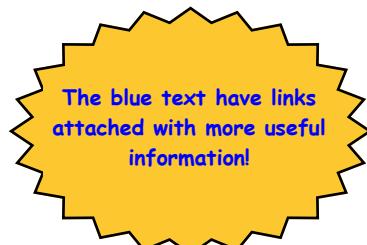
[Table Setting Contest](#) & [National 4-H Congress](#) interviews

3:00 p.m.

Ice Cream Social

4:00 p.m.

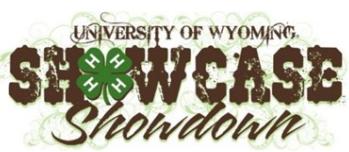
Awards Ceremony



Check out [www.uwyo.edu/4-h/showcaseshowdown/index.html](http://www.uwyo.edu/4-h/showcaseshowdown/index.html) for a detailed description of the events. Members that received a blue ribbon at presentation day are invited to join and compete. All other events are open to any 4-H member interested. Interviews will be conducted for those who apply to be on the Wyoming State 4-H Leadership Team as well as youth interested in being delegates to represent Wyoming at the National 4-H Congress. Applications can be found online and are due May 31, 2013. Contact the 4-H Office for more information at (307) 733-3087 or email

Amanda at [azamudio@tetonwyo.org](mailto:azamudio@tetonwyo.org)

# WYOMING 4-H SHOWCASE SHOWDOWN



## Wyoming 4-H Showcase Showdown

### Individual Registration Form

[www.uwyo.edu/4-h/showcaseshowdown/index.html](http://www.uwyo.edu/4-h/showcaseshowdown/index.html)

Return this form to your local County Extension Office by June 7, 2013

Name: \_\_\_\_\_ Email: \_\_\_\_\_

#### \*\*Participation type

\_\_\_\_\_ Full-time ~ \$35 (includes all contest/activity fees, t-shirt, Monday dinner, Tuesday breakfast and lunch)

\_\_\_\_\_ Part-time ~ \$25 (for youth or adult) (includes fee for one (1) contest, meals on day of contest, and a t-shirt)

\_\_\_\_\_ Monday \_\_\_\_\_ Tuesday

\*\*Age division: \_\_\_\_\_ Junior \_\_\_\_\_ Intermediate \_\_\_\_\_ Senior \_\_\_\_\_ Adult

#### \*\*T-Shirt Size:

\_\_\_\_\_ Youth Small \_\_\_\_\_ Youth Medium \_\_\_\_\_ Youth Large

\_\_\_\_\_ Adult Small \_\_\_\_\_ Adult Medium \_\_\_\_\_ Adult Large \_\_\_\_\_ Adult XL \_\_\_\_\_ Adult XXL

#### \*\*Additional Items available for purchase

\_\_\_\_\_ Monday Dinner ~ \$20 per ticket

\_\_\_\_\_ Tuesday Breakfast ~ \$10 per ticket

\_\_\_\_\_ Tuesday Lunch ~ \$12 per ticket

\_\_\_\_\_ T-shirt ~ \$10 each Indicate size(s) here: \_\_\_\_\_

**NOTE:** Meal tickets & t-shirts

will NOT be available for purchase  
at Showcase Showdown.

#### \*\*Interview Opportunities

\_\_\_\_\_ I am planning to interview for the trip to attend National 4-H Congress.

\_\_\_\_\_ I am planning to interview for the State 4-H Leadership Team.

#### \*\*EVENTS (check all you will attend)

IN-DEPTH TRACKS	CONTESTS	
<i>Must pre-register to participate</i>		
_____ Project Runway	_____ Horse Judging	_____ Rocket Launch
<i>Monday all day</i>	_____ Hippology	<input type="checkbox"/> Team
_____ Practice Livestock Judging	_____ Prepared Presentation**	<input type="checkbox"/> Individual
<i>Monday afternoon</i>	<input type="checkbox"/> Speak Out Military Kids	_____ Open
_____ Film Fest	<input type="checkbox"/> Skype	<input type="checkbox"/> Spot Landing
<i>Viewing on Monday evening</i>	_____ Impromptu Presentation	_____ Robotics Contest
_____ Hike	_____ Livestock Skill-A-Thon	<input type="checkbox"/> Construction
<i>Tuesday morning</i>	_____ Dog Skill-A-Thon	<input type="checkbox"/> Mini-Sumo
_____ Health Track	_____ Food Cook-Off	<input type="checkbox"/> Maze (Int. & Sr.)
<i>Tuesday morning</i>	_____ Table Setting Contest	_____ Cake Decorating
		_____ Produce Judging

\*\*Indicate preferred time here \_\_\_\_\_

Monday, June 24 only. Every effort will be made to schedule at the time listed above but cannot be guaranteed.

Please return this form to Amanda at the 4-H Office by June 7, 2013

# WYOMING 4-H STATE SHOOT

## Wyoming 4-H State Shooting Sports Match

July 11-14, 201 at the Wyoming State Fairgrounds Douglas, WY

### Tentative Schedule (*all times subject to change*)

#### Thursday

3:00 pm Shotgun - Douglas Trap Club  
4:00 pm Dormitories open  
7:00-8:00 p.m. Ft. Caspar Information Office open  
7:00 pm Range Officer Meeting - Ft. Caspar  
10:30 pm Dorms locked

#### Friday

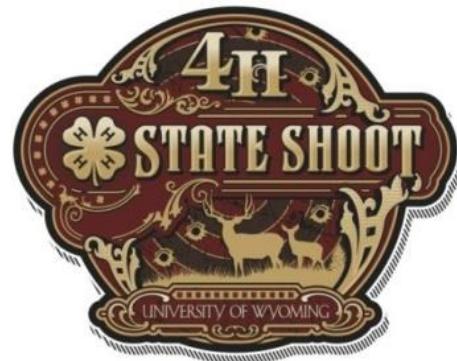
6:00 am Shotgun Range Opens for Squading - Douglas Trap Club  
7:00 a.m.-5:30 p.m. Ft. Caspar Information Office open  
7:00 am Archery check-in  
7:30 am .22 Rifle, .22 Pistol and Muzzleloader Ranges Open - Douglas Rifle Range  
Air Rifle & Air Pistol Ranges Open and First archery relay begins - Wyoming State Fairgrounds  
(See schedule for specific county shoot times)  
10:00 am-5:00 pm Outdoor Skills Open - Ft. Caspar  
3:00 pm Last Relay on all Ranges  
4:00 pm Shotgun shoot-offs (responsibility of shooter to be present for shoot-offs)  
6:00 pm State Shoot BBQ - In front of Ft. Caspar (free to participants and families)  
10:30 pm Dorms locked

#### Saturday

7:00 a.m.-5:30 p.m. Ft. Caspar Information Office open and Archery Check-In  
7:30 am .22 Rifle, .22 Pistol and Muzzleloader Ranges Open - Douglas Rifle Range  
Air Rifle, Air Pistol Ranges Open and Archery Relay begins - Wyoming State Fairgrounds  
9:00 am-3:00 pm Outdoor Skills Open - Ft. Caspar  
3:00 pm Last Relay on all Ranges  
8:30 - 11:00 pm Dance - in front of cafeteria  
11:15pm Dorms locked

#### Sunday

10:00 am Awards Program - Cafeteria



Check out <http://www.uwyo.edu/4-h/youth/contests/stateshoot/index.html> for a detailed description of the event.

Contact the 4-H Office for more information at (307) 733-3087 or email Amanda at [azamudio@tetonwyo.org](mailto:azamudio@tetonwyo.org)

# WYOMING 4-H STATE SHOOT



## Wyoming 4-H State Shoot Individual Registration Form

Complete and return to your local County Extension Office by June 17, 2013.

Name: \_\_\_\_\_ County: \_\_\_\_\_

Age (As of Jan. 1) \_\_\_\_\_  Jr. (8-10)  Int. (11-13)  Sr. (14/up)

**Srs:** Do you wish to be considered for the Raton Trip?  Yes  No

### DISCIPLINES

Select all that apply

<b>.22 Pistol</b>	<input type="checkbox"/>		
<b>Air Pistol</b>	<input type="checkbox"/>		
<b>Shotgun (\$13)</b>	<input type="checkbox"/>		
<b>Muzzleloader</b> (check only one)	<input type="checkbox"/> Traditional	<input type="checkbox"/> Non-Traditional	
<b>.22 Rifle:</b> (check only one)	<input type="checkbox"/> Sporter	<input type="checkbox"/> Light Target	<input type="checkbox"/> Precision
<b>Air Rifle</b> (check only one)	<input type="checkbox"/> Sporter	<input type="checkbox"/> Light Target	<input type="checkbox"/> Precision
<b>Archery (\$5)</b> (check only one)	<input type="checkbox"/> Class A: Long bow & recurve <input type="checkbox"/> Class B: Bare Bow <input type="checkbox"/> Class C: Freestyle limited <input type="checkbox"/> Class D: Freestyle unlimited		

### LODGING

<b>Dorm</b> (\$6/night)	<input type="checkbox"/> Thursday	<input type="checkbox"/> Friday	<input type="checkbox"/> Saturday
<b>Campground</b> (camper or tent)	<input type="checkbox"/> Full Hook-Up (\$20/night)		<input type="checkbox"/> No Hook-Up (\$8/night)
<b>T-shirt</b>	<input type="checkbox"/> Youth Small	<input type="checkbox"/> Youth Medium	<input type="checkbox"/> Youth Large
	<input type="checkbox"/> Adult Small	<input type="checkbox"/> Adult Medium	<input type="checkbox"/> Adult Large
<b>Hat</b>	<input type="checkbox"/>		

### FEES (all fees are non-refundable)

Registration	\$11.00	\$11.00
Shotgun	\$13.00	
Archery	\$5.00	
T-shirt	\$10.00	
Hat	\$15.00	
Dorm	\$6/night	
Campground	\$8 or \$20/night	

**TOTAL**

Submit this completed form along to the 4-H Office by June 17, 2013.

# 2013 ANNUAL WILSON HOOF BEATS PRE-FAIR HORSE SHOW

Contestant Name: \_\_\_\_\_ Age: \_\_\_\_\_

**WHEN:** Sunday, July 14, 2013

**WHERE:** Teton County Fairgrounds

**Registration 7:00 am      Show 8:00 am      Trail 9:00 -11:30 am (grassy arena)**

**Welcome to all 4-H Members**

**Cost: \$5.00 per class or Pre-Entry discount \$35.00 for all classes**

Please turn entries into the 4-H Office at 255 W. Deloney in Miller Park (307) 733-3087.

## CLASSES:

**(Please circle all classes you are entering in the appropriate age group)**

### SENIORS:

Sr. Showmanship  
Sr. Western Horsemanship  
Sr. Western Pleasure  
Sr. Western Riding  
Sr. Trail  
Sr. Reining  
Sr. Ground Roping  
Sr. Barrel Racing  
Sr. Pole Bending

### INTERMEDIATES:

Int. Showmanship  
Int. Western Horsemanship  
Int. Western Pleasure  
Int. Western Riding  
Int. Trail  
Int. Reining  
Int. Ground Roping  
Int. Barrel Racing  
Int. Pole Bending

### JUNIORS:

Jr. Showmanship  
Jr. Western Horsemanship  
Jr. Western Pleasure  
Jr. Western Riding  
Jr. Trail  
Jr. Reining  
Jr. Ground Roping  
Jr. Barrel Racing  
Jr. Pole Bending

### WALK/TROT:

Jr. Showmanship  
Walk/Trot Western Horsemanship  
Walk/Trot Western Pleasure  
Walk/Trot Western Riding  
Walk/Trot Trail

Walk/Trot Reining  
Jr. Ground Roping  
Walk/Trot Barrel Racing  
Walk/Trot Pole Bending

Awards: Ribbons for 1st place through 6th place, High Point Awards for all Age Groups and Walk/Trot  
(One Rider/One Horse)

## 2013 ANNUAL WILSON HOOFBEATS PRE-FAIR HORSE SHOW

### HORSE SHOW RULES:

1. All 4-H youth must be enrolled in the 4-H Horse Project.
2. All 4-H youth must be safely certified prior to the pre-fair show on the horse they intend to use.
3. Youth outside of Teton County must bring 4-H Horse Safety Card or proof of safety test from their local Extension Office including current enrollment in Horse Project.
4. Proper western attire is expected including riding boots and hat or helmet.
5. A high point and reserve high point award will be given for one youth on one horse in each age category (Senior, Intermediate, Junior and Walk/Trot).
6. Rules from the Wyoming Junior Horse Show Rule Book, 2007 Edition, will be followed.
7. Pre-Fair Horse Show will be run as similar to the Teton County 4-H Horse Show as possible.

I, \_\_\_\_\_, attest that I have read and agree to abide by the rules set forth by the Teton County Horse Committee.

---

Signature of Exhibitor

Date

---

Signature of Legal Parent/Guardian

Date

# 4-H SUMMER CAMP



The Teton and Lincoln County Junior Leaders would like to invite you to 4-H Summer Camp!

We will be headed to the Alpine 4-H Camp for three days of camping, friends, food, 4-H and fun!

Youth will have the chance to have the chance to experience swimming, hiking, fishing, learning to shoot an air rifle, canoeing, play night games, learning how to work as a team, becoming a leader, and having a great time! All youth will be staying in cabins at the camp and we are looking for volunteers to be chaperones!

**Who: All youth 8-18**

**When: July 16<sup>th</sup> starting at one and wrapping up on the 18<sup>th</sup> at noon.**

**Where: Alpine 4-H Camp; Alpine, WY**

**What: 3 days of great 4-H fun!**

The cost is \$5.00 per youth to attend the camp. The Community Foundation of Jackson Hole has awarded Teton County 4-H a grant to keep the low and we truly appreciate their support!

Contact Amanda at the 4-H Office for more information or if you have questions.

# 2013 TETON COUNTY FAIR SCHEDULE

## Monday, July 1

DEADLINE 4-H Entry Forms due to the 4-H Office

## Thursday, July 18

6:00 pm 4-H Shotgun Shoot (JH Gun Range)

## Friday, July 19

10:00 -11:30 a.m. Junior Archery Shoot (JH Gun Range)

11:30 -1:00 p.m. Intermediate Archery Shoot (JH Gun Range)

2:00-4:00 p.m. a.m. Senior Archery Shoot (JH Gun Range)

## Monday, July 22

11:00 a.m. 4-H Fabric & Fashion Review Judging (4-H Building)

3:30-6:30 p.m. 4-H Exhibit Entries Due (Exhibit Hall)

3:00-6:30 p.m. 4-H Interview Judging for Exhibit Projects - 4-H members will be given a scheduled time for their interview (Exhibit Hall)

3:30-6:30 p.m. 4-H Silent Auction Items accepted during Interview Judging

6:30 p.m. 4-H Fashion Review and Awards Presentation (Under the Big Top)

## Tuesday, July 23

7:00 - 8:00 a.m. 4-H Horse Vet Inspections (Fairgrounds)

9:00 a.m. 4-H Horse Showmanship and Performance Classes, Western & Trail (Rodeo Arena)

11:00 a.m. - 1:00 p.m. 4-H Trail Class (Grassy Arena)

## Wednesday, July 24

7:00 a.m. 4-H Rabbit and Poultry Vet Inspections (Heritage Arena)

8:00 a.m. 4-H Horse Speed Events - 4-H Horse High Point Awards to follow (Rodeo Arena)

10 a.m. - 6 p.m. 4-H Lemonade Stand Open (Heritage Arena & around fairgrounds)

11:00 a.m. 4-H Livestock Vet Inspections begin (Snow King Ave.)

11:00 a.m. 4-H Livestock Pens Open (Heritage Arena)

11:00 a.m.. - 9:00 p.m. Heritage Arena Open to the public

3:00 p.m. All 4-H Livestock must be in place (Heritage Arena)

3:00 p.m. 4-H Livestock Weigh-In Begins with 4-H Beef (Heritage Arena)

Immediately following: Weigh in of 4-H Lambs & Goats (Heritage Arena)

Immediately following: Weigh in of 4-H Swine (Heritage Arena)

## Thursday, July 25

8:00 a.m. - 9:00 p.m. Heritage Arena Open to the public

8:00 a.m. - Noon 4-H Swine Show (Heritage Arena)

Immediately following: Over the Hill Swine Showmanship

9:00 a.m. - 8:00 p.m. 4-H Silent Auction Open (Exhibit Hall)

10:00 a.m. - 6:00 p.m. 4-H Lemonade Stand Open (Heritage Arena & around fairgrounds)

1:00 p.m. 4-H Clogging Performance (Under the Big Top)

1:00 p.m. 4-H Sheep Show (Heritage Arena)

Immediately following: Over the Hill Sheep Showmanship (Heritage Arena)

3:00 p.m. 4-H Rabbit Show (Heritage Arena)

Immediately following: 4-H Poultry Show (Heritage Arena)

4:00 p.m. 4-H Rifle Shoot (JH Gun Range)

4:30 p.m. 4-H Clogging Performance (Under the Big Top)

## Friday, July 26

8:00 a.m. - 9:00 p.m. Heritage Arena Open to the public

8:00 a.m. 4-H Dog Vet Inspections (Pavilion Building)

9:00 a.m. 4-H Dog Show (Pavilion Building)

9:00 a.m. 4-H Beef Show (Grassy Arena)

Immediately following: Over The Hill Beef Showmanship (Grassy Arena)

9:00 a.m. - 8:00 p.m. 4-H Silent Auction Open (Exhibit Hall)

10:00 a.m. - 6:00 p.m. 4-H Lemonade Stand Open (Heritage Arena & around fairgrounds)

3:00 p.m. 4-H Livestock Buyers Reception and Registration (Heritage Arena)

4:00 p.m. 4-H Clogging Performance (Under the Big Top)

4:30 p.m. 4-H Livestock Auction (Heritage Arena)

9:00 p.m. 4-H Movie Night - for all 4-H members to participate! (Pavilion Building)

## Saturday, July 27

9:00 a.m. - 8:00 p.m. 4-H Silent Auction Open (Exhibit Hall)

10:00 a.m. - 6:00 p.m. 4-H Lemonade Stand Open (Heritage Arena & around fairgrounds)

Noon- 4-H Round Robin Contest (Heritage Arena)

1:00 p.m. 4-H Clogging Performance (Under the Big Top)

2:00 p.m. 4-H Redneck Olympics - for all 4-H members to participate! (Grassy Arena)

9:00 p.m. 4-H Dance - for all 4-H members to participate! (Pavilion Building)

## Sunday, July 28

8:00 a.m. - 2:00 p.m. Heritage Arena Open to the public

9:00 a.m. - 7:00 p.m. 4-H Silent Auction Open (Exhibit Hall)

9:00 a.m.- 4-H Livestock Judging Contest (Heritage Arena)

1:00 p.m. Cody Shervin Memorial Award presentation and meeting for all 4-H Livestock members, parents and leaders (Heritage Arena)

2:00 p.m. 4-H Livestock Released (Heritage Arena)

5:00 p.m. 4-H Clogging Performance (Under the Big Top)



# Teton County Fair 4-H Entry Form



**Deadline: Monday, July 8, 2013**



# **Teton County Fair 4-H Entry Form**

## **Horse Only**



**Deadline: Monday, July 8, 2013**

## 2013 TETON COUNTY FAIR INFORMATION

The Teton County Fair Office will again be issuing permits to camp on the fairgrounds during the Teton County Fair. The spaces are located just north of the grassy arena. The permit will cost \$20 for the week and an extra \$10 if you require electricity. Permits will be available in the Fair Office beginning Monday, July 8 at 8:00 a.m. for Moran and Alta families ONLY. Beginning Wednesday, July 10 at 8:00 a.m., Kelly, Moose, and Hoback families ONLY may purchase their permits. Beginning Monday, July 15 at 8:00 a.m., other families will be allowed to purchase permits. We will most likely sell out of permits at some time. You will not be allowed to park your camping vehicle on the fairgrounds prior to Monday, July 22. There is a limit of one (1) permit per 4-H family. Remember, camping at the fair was originally approved for 4-H'ers who must travel a long distance each day and space is limited.

Again this year, the first bag of shavings ONLY will be provided free of charge for all 4-H livestock animals. Any additional shavings must be provided by the 4-H clubs or individual 4-H'ers.

Stalls for 4-H horses will be available free of charge in the pavilion until noon on Tuesday, July 23. Please call the Fair Office to reserve your stalls.

Horse trailers will only be allowed at the Heritage Arena to load and unload animals. If you need to leave a horse trailer on the fairgrounds overnight, please park it in the large parking lot on the far west side of the fairgrounds (south of the carnival).

Food and drink will not be allowed in the Heritage Arena, except in the enclosed concession area. Ecoli is a huge concern these days and the Teton County Fair Board is committed to enforcing preventive measures. Washing your hands frequently with soap and water is the best prevention.

This year, you will be required to take your manure out the east door at the Heritage Arena (between Heritage and Rodeo Arena). There will be a barricade for the manure and shavings. All bags and trash must be separated and put into the dumpster located in that area. You will not be allowed to move manure through the north doors. These are the doors where most of the visitors enter.

Thank you for your cooperation. If you have any questions, please call Kelli at the Fair Office at 733-5289 or visit our website at [www.tetoncountyfair.com](http://www.tetoncountyfair.com).

Thank you notes are a very important part of your success. Take the time to thank all of those who help you including: your parents, 4-H leader, fellow 4-hers, judges, buyers, and trophy donors. A smile and a thank you note go along way showing your gratitude.

We will provide a thank you note with the name and address of your trophy donor. In order to receive your trophy/ buckle you must write your donor a thank you and return it to the 4-H Office Staff in order to receive your trophy. We will allow you to use it for a picture but you cannot keep it until the thank you has been written. We want to let them know you appreciate their support!

# 4-H FUNDRAISING EVENTS

## 4-H HORSE SALE CONCESSION STAND

There will be a concession stand at the Horse Sale on Saturday, July 20, 2013. If your club is interested in helping at the concession please contact Amanda at the 4-H Office. We will be serving breakfast and lunch. The profit will be split between the 4-H Clubs that are helping out.



## 4-H LEMONADE STAND



The Lemonade Stand is back! If you are interested in signing up please contact the 4-H Office. You are responsible for running the lemonade stand during your time slot and a volunteer leader or adult must be present. There are shifts available for clubs that are interested. Stop by the 4-H Office to fill out the shift paperwork and sign up! Contact Amanda at the 4-H Office if you have any questions at 733-3087.

## 4-H GENERAL PROJECT INFORMATION

Interview judging is encouraged for all members entering projects in the Exhibit Hall. Youth will meet with the judge and learn how the project is judged. The Judge will also ask questions about the project; this is not a presentation.



Judging will be on **Monday, July 22<sup>nd</sup> this year for all projects**. Fabric and Fashion projects will be judged at the 4-H Office, all other Exhibit Projects will be judged at the Exhibit Hall on the Fairgrounds.

Each member will spend approximately 10 minutes with the Judge. If you do not appear for interview judging, your project will still be judged, **however the interview is 20% of your judging score. The project quality is 80% of your judging score.**

**Monday, July 22<sup>nd</sup> starting at 3:30 p.m. 4-H Interview Judging for Exhibit Projects -  
4-H members will be given a scheduled time for their interview.**

Here is a list of projects that will be included in the 4-H Interview Judging on **Monday, July 22<sup>nd</sup>**

- All animal project members that enter an exhibit/poster/display in the fair
- Shooting Sports project members that enter an exhibit
- Cake Decorating
- Citizenship
- Photography
- Recreation—Clogging
- Fabric and Fashion—at 4-H Office
- Foods & Nutrition (Baking)
- Quilting
- Self-Determined
- Sports Fishing
- Wildlife & Habitat
- Youth Leadership

### Tips for Creating Great 4-H Exhibits

1. Be sure to read all rules about your project in the Teton County Fair Book.
2. Be creative! Unique exhibits are fun for judges to look at and make an impression.
3. If doing a poster, always sketch out a rough draft first, before you glue.
4. Use colors. Your exhibit should attract attention.
5. Use techniques like framing and shadowing to make your pictures or artwork stand out.
6. Use rubber cement or spray adhesive. White glue makes bubbles and glue sticks don't always stick.
7. Keep your exhibit clean and straight. Use a pencil lightly so you can erase extra marks.

## 4-H FABRIC AND FASHION INFORMATION

Judging for Fabric and Fashion members will take place on **Monday, July 22, 2013 at the 4-H Office**. Judging will be based on construction and fashion review.

Be sure to bring the following with you to judging:

- Your sewn garments/items
- Narration Script - Write a brief description of each ensemble you will be modeling. 4-H Leaders will read the description for their members while they model for the judges and the scripts will then be used for the public Fashion Revue in the evening.



**Monday, July 22<sup>nd</sup> starting at 11 a.m. 4-H Interview Judging for Fabric and Fashion 4-H members will be mailed a scheduled time for their interview and modeling.**

## 4-H SILENT AUCTION

Back by popular demand. Here's your chance to market and sell some of your 4-H Projects!!

### Criteria to be in sale:

1. Must be a currently enrolled 4-H member
2. Can sell two (2) exhibits per person, but only one per project—**No perishable food projects permitted!**
3. All items in the sale must have been judged in the 4-H division
4. Items must be in place on Monday night of the Fair by the entry deadline or it will not be sold.
5. 4-H member (seller) must contact the buyer to make the transaction of goods, provide receipt and thank you note.
6. Sellers must pay 1.25% of their profit back to the 4-H Office. This is due when Record Books are due.
7. Sellers may put a marketing card on their item while it is on display for sale. Maximum size is a letter sized paper (8  $\frac{1}{2}$  x 11 in.)
8. Silent Auction will run from when the Exhibit Hall opens through **Sunday at 7 p.m.** of the Fair.



# TETON COUNTY 4-H MARKSMANSHIP CONTESTS

All Contests will take place at the Jackson Hole Gun Range again this year!

**Shotgun**—Thursday, July 18<sup>th</sup>, 6:00 pm

**Archery**—Friday, July 20<sup>th</sup>

10:00 -11:30 a.m. Junior Archery Shoot

11:30 -1:00 p.m. Intermediate Archery Shoot

2:00-4:00 p.m. a.m. Senior Archery Shoot



**Rifle**—Thursday, July 25<sup>th</sup> at 4:00 p.m.

Be sure to sign up for the marksmanship contest on your 4-H Fair Entry Forms!

## SYSTEM FOR 4-H FAIR AWARDS

We will continue to use the system from last year to determine the number of trophies and buckles given out at the Teton County Fair for 4-H Contests. This system is based on member enrollment. The following is the criteria for determining this number of awards given per project.

Trophies/buckles per number of kids:

0-4 kids in project: 0 Trophies

5-10 kids in project: 1 Grand and 1 Reserve (Overall)

11-20 kids in project: 1 Grand per age group

21 and up kids in project: 1 Grand and 1 Reserve per age group



## 4-H REDNECK OLYMPICS



4-H Fun & Games at the Fair!

Sponsored by the Teton County 4-H Leaders Council

Saturday, July 27 at 2 p.m.

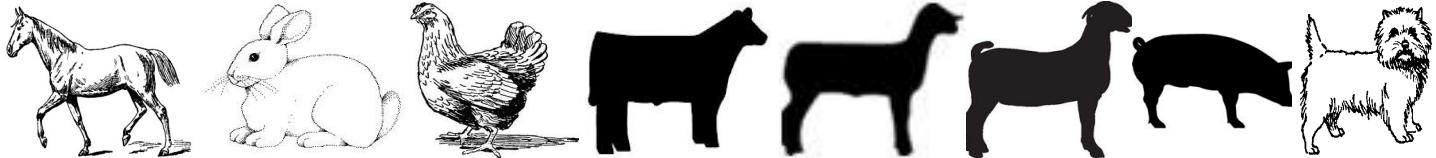
In the Grassy Arena at the Fair Grounds

## IMPORTANT LIVESTOCK REMINDER

Companion and feeder animals will be the responsibility of their owners to transport to processing following the Fair. **ONLY** livestock going through the 4-H livestock auction will be transported by the provided semi truck to processing. Animals not going through the 4-H Livestock Auction will not go on the semi!

**MAKE PLANS NOW FOR YOUR EXTRA ANIMALS!!!**

# VET INSPECTION INFORMATION



## 4-H LIVESTOCK VET INSPECTIONS FOR THE FAIR

The Wyoming State Vet has recommended that animals receive an "on-site" vet check the day that animals are brought on the fairgrounds. **Vet inspections are \$10.00 for all large animals and \$5.00 per small animal!** Teton County 4-H and the Teton County Fair Board require that all animals receive an on-site vet check to receive their animal health certificate. Vet inspections will be done at different times throughout the week. **PLEASE PAY ATTENTION TO THE DATES!** The inspections are on Snow King Ave. in front of the Fairgrounds. Animals will remain in their trailers during the vet inspection. Vehicles trailering animals should approach the Fairgrounds on the west side via Snow King Avenue. Vehicles will be traveling east and vet inspections will take place in front of the Rodeo Arena/Heritage arena. Vehicles will then enter the fairgrounds through the East Gate and travel to the Heritage Arena to drop off livestock. Any animals not passing the vet inspection will be asked to leave the fairgrounds at that time. Once you have your inspection, animals can be placed in their pens. **Please fill out your information on the vet inspection certificate out prior to arriving in the Vet Inspection line.**

### TUESDAY, JULY 23<sup>rd</sup>

**HORSES:** Starting at 7:00 a.m. to 8:00 a.m. in the Grassy Arena. Horses will NOT be inspected again on Wednesday!

### WEDNESDAY, JULY 24<sup>th</sup>

**RABBITS AND POULTRY:** Starting at 7:00 a.m. in Heritage Arena.

**LIVESTOCK:** Starting at 11 a.m. on Snow King Avenue

11:00 a.m. - Noon Teton Livestock (4-H Beef Club)

Noon-12:30 p.m. - Baa Maa Lamb & Goat Club

12:30- 1:30 p.m. - Devine Swine

1:30-2:30 p.m.- Alta Ham, Lamb & Beef

**All Livestock need to be in their pens by 3 p.m. when weigh-in begins!**

### FRIDAY, JULY 26th

**DOGS:** Starting at 8:00 a.m. by the Pavilion Building

Exhibitor's Name _____	Phone _____	Number _____
Exhibitor's Address _____	County _____	
Parent/Guardian _____	Phone _____	

This official Wyoming State Fair form is authorized by the Wyoming Livestock Board as the accepted Health Certification for animals exhibited at the Wyoming State Fair.

**This form is NOT valid if incomplete and/or without necessary signatures.**



### Animals Examined for Health Certificate

Species	Breed	Sex	Name of Animal	ID #	Scrapie Tag #	WSF Market Tag #	Rabies/ Distemper #	Other
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								

Examination Date \_\_\_\_\_

Printed Name of Veterinarian \_\_\_\_\_

Signature of Certifying Veterinarian \_\_\_\_\_

I certify that the above-described animals have been inspected by me and that they are not showing signs of infectious, contagious, and/or communicable disease. No further warranty is made or implied.

**Signature of Exhibitor** \_\_\_\_\_ By signing this form, the exhibitor agrees to abide by all Wyoming State Fair rules and Wyoming Livestock Board animal health requirements.

**Signature of Parent/Guardian** \_\_\_\_\_

By signing this form, the parent agrees to abide by all Wyoming State Fair rules and Wyoming Livestock Board animal health requirements, and to back the decisions of the Wyoming State Fair Animal Care Committee.

Date \_\_\_\_\_

**Date** \_\_\_\_\_

**Date** \_\_\_\_\_

**Date** \_\_\_\_\_

This form **MUST** be presented to Animal Health Officials **BEFORE** entering the WY State Fairgrounds. **DO NOT** unload any animals until you have been authorized to do so.

We would like each Livestock and Horse 4-H'er to complete a biography. These will be read during showmanship! Turn these in with your 4-H Entry Forms on July 8<sup>th</sup>.

## 4-H Biography

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Projects: \_\_\_\_\_  
\_\_\_\_\_

Tell us a little bit about yourself: \_\_\_\_\_  
\_\_\_\_\_

## 4-H Biography

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Projects: \_\_\_\_\_  
\_\_\_\_\_

Tell us a little bit about yourself: \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_

# WYOMING STATE FAIR AND RODEO

## AUGUST 10-17 2013

### DOUGLAS, WY



#### Who can attend the Wyoming State Fair?

- All livestock and dog members receiving a blue ribbon at the Fair.
- Horse members receiving a 1st place or 2nd place in a class held at State Fair or the next members in line if 1<sup>st</sup> and 2<sup>nd</sup> don't attend.
- Fabric and Fashion members receiving grand or reserve champion or a purple ribbon.
- 4-H exhibit projects receiving a purple ribbon.

Please make plans now to attend State Fair if you should win a trip. **The Office needs to know immediately following County Fair if you plan to attend.** The Fair Board sponsors 4-H members to attend. Sponsorship pays for registration, stall fees, and dorm lodging. Mileage will not be paid for.

There will be a **meeting of all those attending State Fair at 5:30 p.m. on August 2<sup>nd</sup> at the 4-H Office.** A parent must be present with each 4-H member. This meeting is **MANDATORY**. Parents, we will need a male and female chaperone for the dorms. If you can help, please let us know. Wyoming State Fair Books are available at: [www.wystatefair.com](http://www.wystatefair.com).

**STATE FAIR RULING:** All warm blooded animals to be exhibited at the State Fair must have a valid health certificate in order to enter the State Fairgrounds. Rabbits must have a certificate issued within the past 48 hours; all other animals must have a certificate issued within the past 30 days. The Health Certificate must list State Fair as the destination. The health certificate check point will be located by the Cowboy Gate in Pepsi parking lot at the SE corner of the Fairgrounds.

**Please turn in Exhibit Projects to State Fair to the 4-H Office by August 2<sup>nd</sup>.**

## STATE FAIR CHAPERONE INFORMATION

#### Chaperones:

Teton County Fair Board provides funds for adult chaperones attending state fair. Chaperones must be staying in the dorm for the entire week. Dorm, parking and cafeteria fees will be provided. The number of scholarships provided will be based on the number of youth staying in the dorms. Chaperones will be chosen on a first come, first served basis.

1 -7 youth = 1 chaperone

8-15 youth = 2 chaperones

16 and up = 3 chaperones

# RECORD BOOKS DUE AUGUST 30<sup>TH</sup> BY 5 P.M. IN THE 4-H OFFICE!

4-H Record Books are the summary of all a 4-H member's hard work, goals, exhibits, leadership, and community service for this year. Completing a Record Book helps you learn from your experiences and what you can do to improve for next year. Be sure to use the 2012-2013 version of the Record Book. This can be found at [www.tetonwyo.org/ext4h](http://www.tetonwyo.org/ext4h) or outside the 4-H Educator's Office.

Please include **only this year's** project information and enclose it with the green Record Book Cover. These are available in the 4-H Office for all 1st year members when your Record Book is turned in.

Remember, this is the 4-H member's opportunity to reflect on their experiences. Parents can assist, but the work should be done by the 4-H member.

**What you need for your age group:**

### Juniors (8-10 years old)

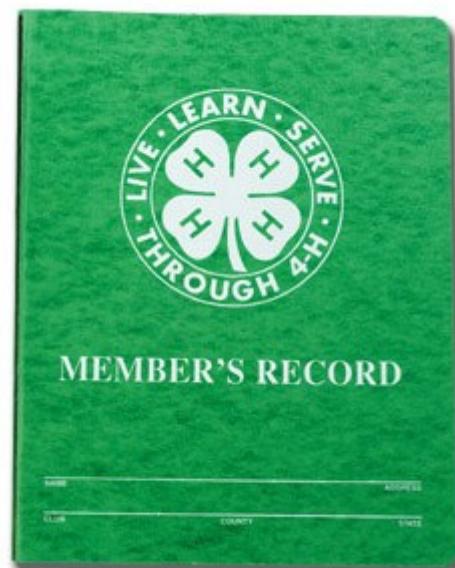
- Section 1
- Section 2
- Junior Project pages for each project you are in
- 4-H Story (ages 8-13 years old)
- 4-H Photos and Clippings

### Intermediates (11-13 years old)

- Section 1
- Section 2
- Project pages for each project you are in
- 4-H Story (ages 8-13)
- 4-H Photos and Clippings

### Seniors (14-18) years old)

- Section 1
- Section 2
- Project pages for each project you are in
- 4-H Story (ages 14-18)
- 4-H Photos and Clippings



**Late books will not be accepted!**

# EXTENSION NEWS



**Thursday, August 8**

**Who Gets My Good Stuff?**

Looking at the non-titled property transfer in your estate & more important tools to have conversations about what.

**Thursday, August 15**

**So, Now You are an Executor**

Someone's got to do it & this job usually falls on a family member who is unfamiliar with the task at hand. Having the end in mind as you begin the process can reduce your frustrations.

**Thursday, August 22**

**Organizing Important Papers in Your Life**

Organizing important papers in your life & exploring systems for you to use as a survivor's roadmap.

Classes are free of charge and are offered from Noon to 1:00pm at the 4-H Building in Miller Park,

255 W. Deloney Call 307-733-3087 for more information

## Great Opportunity for Youth and Adults Alike

The Sublette County Conservation District is hosting the Wyoming Resource Education Days (WyRED) in Sublette County June 17 - 21! WyRED provides a practical experience in rangeland management, plant identification, and range judging contests. Participants will make a plant collection of some of the most common range plants in Wyoming. Topics will include geology, soils, plant physiology, range utilization, water quality, weed control, among others.

The Range and Land Judging Contest Divisions are:

- Individual
- Brush Popper: 9 years old and younger
- Range Rider: 10 to 13 years old
- Open Youth: 15 to 18 years old (FFA, 4-H, or other organization)
- Open Adult (non-professional): 19 years old and older
- Open Adult: Professional range personnel



Visit <http://www.wyomingextension.org/sublettecounty/> (select news) to learn more about WyRed and for the registration form. Questions? Contact Windy Kelley at 307.367.4380 or [wkelly1@uwy.edu](mailto:wkelly1@uwy.edu)

## EXTENSION NEWS

Spring has arrived, and with longer days and warmer weather comes a new crop of fresh produce. Now is the time to "spring clean" your diet, so out with the heavy fall and winter food and in with springtime fruits and veggies. In-season produce reaps the most nutritional value so here's what to look for in the produce aisle.

**Strawberries** are available year-round in most areas of the country, but their peak season is from April until June. These sweet, juicy berries are nutritional jewels; with just 1 cup offering 3.5 grams of fiber and meeting 100% of your recommended daily vitamin C. A sweet addition to salads, dressings, or even a main meal, strawberries save your waistline as a light dessert.

**Asparagus** are at their peak from March through June. Dubbed the "food of kings" by Louis XIV of France, asparagus have a royal nutritional profile. Low in fat and high in fiber, these stalks are a good source of iron, B vitamins, and vitamin C. Asparagus stems, whether thick or thin, should be bright green, firm, and straight. Asparagus tastes good raw, yet it is delicious roasted, grilled, or lightly sautéed in olive oil. These seasonal spears make a tasty and healthy addition to any meal.

Succulent **sweet cherries** are only available fresh during the late spring and early summer, so make sure to enjoy your fill. Sweet cherries are high in fiber and potassium, while remaining low in calories—1 cup of sweet cherries is only about 100 calories. The intense color of cherries is due partly to their anthocyanin content. Anthocyanins are a phytochemical that are believed to be high in antioxidant activity. Cherries are a delicious snack or dessert. They can be cooked to make an excellent accompaniment to duck or pork as well.

Fresh **peas** including sugar snap peas, snow peas, and green garden peas are at their peak from April through July. Peas are low in fat and high in fiber and are a good source of plant protein. Their nutritional profile differs depending on variety, with green peas

providing more B vitamins and zinc, while snow and snap peas offer more vitamin C. Snow and sugar snap peas can be eaten raw after removing the stems and the strings. Garden peas however should be shelled and blanched in boiling water just until they turn bright green. Peas are perfect as crudités with dips, tossed in salads, and served as a side dish. Add them to stir fries, pasta dishes and casseroles.

**Radishes** will be at their sweetest and have the best taste in temperate climates during spring and summer. For a burst of flavor with very few calories, look no further than the radish. Radishes are root vegetables with a distinctive flavor that ranges from mild to sharp, depending on variety. One cup of sliced red radishes will give you 30% of your daily vitamin C requirement, and has less than 25 calories. This root vegetable is a flavorful addition to soups, condiments, and cooked dishes. Eat the green tops, which lend a peppery taste to salads. For a side dish: Braise radishes in butter and balsamic vinegar until barely tender, 6 to 8 minutes, and serve with mild fish.

Field-grown **rhubarb** varieties are harvested from April through July. Although technically a vegetable, rhubarb is often used as a fruit. It is a good source of vitamin C, potassium, and manganese. Rhubarb stalks are very tart, but when sweetened, give a rich flavor and texture to sauces, crisps, cobblers, and pies. Rhubarb can also be blanched, diced, and added to salsas and salads.

Depending on your region, growing seasons and crop availability will vary. When in season, these spring fruits and vegetables have the best flavor, and value.

For more information contact your University of Wyoming Extension Nutrition and Food Safety Educator Jennifer Jacobsen at [jjacobsen@tetonwyo.org](mailto:jjacobsen@tetonwyo.org)

Source: <http://uwyoextension.org/uwnutrition/> Vicki Hayman, North East Area- Nutrition & Food Safety Educator, UW Extension.



## Teton County Office

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Jackson, WY  
Permit # 5

**TETON  
COUNTY  
4-H**



4-H is a **community of young people**  
**across America** who are learning  
**leadership, citizenship** and **life skills.**

## 4-H FAMILY NEWSLETTER

Stay Tuned in to what's happening in  
the 4-H program via technology:

- ◊ Download the 4-H App for you iPhone or smartphone via the App store or android market! Choose "4-H News"
- ◊ Check out our Facebook Page <https://www.facebook.com/pages/Teton-County-Wyoming-4-H/438095165643>
- ◊ Visit our website: <http://www.tetonwyo.org/ex4h/>



### In This Issue:

- 4H Camp**
- 4H Opportunities**
- Important Fair News**



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