



# 4-H FAMILY NEWS



UNIVERSITY OF WYOMING



**TETON COUNTY EXTENSION SERVICE**

**SEPTEMBER–OCTOBER, 2014**

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### Teton County 4-H University of Wyoming Extension

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*The University of Wyoming is  
an equal opportunity/affirmative action institution.*

The piles of record books in the office alert us that September has arrived. The 2013-14 4-H year has ended, our focus is shifting to new beginnings...a new school year, a new 4-H year and hopefully a new 4-H educator will be selected shortly.

I am so grateful for McKenna Brinton's presence in our office this summer. She provided leadership, service, and a cheery disposition throughout the summer. With a smile on her face, and seemingly never ending enthusiasm, she glided us through Showcase Showdown, 4-H camp, fair preparation, record book trainings, the county fair, state fair and dealing with the disaster of broken sewer pipes.

I have not had the opportunity to write the newsletter introduction for many years. I honestly have enjoyed the opportunity to be more 4H focused these past months. I am so grateful for our 4-H program, our leaders, parents and participants are amazing. Your efforts and dedication have not gone unnoticed and please know that each of you are so appreciated.

Our 2014 County Fair was wonderful. I know that hours of work went into the County Fair on our behalf by the Fair Board and their staff. I particularly appreciated the challenge that Tracy, our new fair manager, faced with being so new to her position. The fair board did an amazing job making our county fair the amazing event it was for 4-H. I extend a heartfelt thank you to our superintendents, leaders, clerks, auctioneers and parents who rallied to make the County Fair successful.

We will be moving forward with reenrollment now that school has begun. It seems that as we begin a new year a reminder of how 4-H is organized may be helpful. National leadership for 4-H lies in the U.S. Department of Agriculture in Washington D.C. State headquarters are in the land-grant university of each state. Our state 4-H program is headquartered at the University of Wyoming. Jonathan Despain is currently the State 4-H Leader.

4-H is the youth education program of the University of Wyoming Extension Service. Teton County's 4-H educator's position is in the process of a national search, the individual hired will administer the county program. The role of the 4-H educator is similar to a principal of a school. It is to provide materials and training to the "teachers," or volunteers, and to provide support and oversight to the entire Teton County 4-H and Youth Development program. We hope someone will be replacing Amanda in the near future. The 4-H Educator is a county based position. 4-H work is implemented mostly in the project clubs. Most clubs range from 5 to 25 members. Individual clubs set their meeting schedule. There are currently 412 projects being taken by the 250 kids enrolled in 4-H in Teton County. This year we had 23 clubs.

Mary Martin, County Director

#### STAFF

County Director—Mary Martin, [mmartin@tetonwyo.org](mailto:mmartin@tetonwyo.org)  
Office Manager - Justine Logan, [jlogan@tetonwyo.org](mailto:jlogan@tetonwyo.org)  
Administrative Assistant - Kaitlyn Romsa, [kromsa@tetonwyo.org](mailto:kromsa@tetonwyo.org)



# September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <b>School Starts!</b>	3	4	5	6 <b>Old Bill's Fun Run!</b>
	RECORD BOOK JUDGING: 4-H LEADERS					
7	8	9 <b>4H Council Meeting 5:30 pm</b>	10	11	12	13
	RECORD BOOK JUDGING: 4-H LEADERS					
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



# October

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1	2	3	4
5	6	7	8	9 4-H Open House 6:00-8:00pm 4-H Bldg	10	11
NATIONAL 4-H WEEK						
12	13	14	15 6:00pm Achievement Night Fair Exhibit Hall	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Happy Halloween!!!	

# WYOMING CHARACTER



*that's what we're made of*

## Caring... It's important!

*Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." ~ Dr. Seuss (The Lorax)*

Dr. Seuss states it is very **IMPORTANT** to care for others! By caring, we are totally aware of the necessities or the ups and downs of others...

It is part of some people's personality to care about others. Caring is a feeling, an emotion. Care because you have concern about your friends, family, loved ones, etc. By caring we hope that

others feel supported, accompanied and very happy! Other people must feel **GREAT** when they know that someone is caring about them! They must feel appreciated, happy, loved and supported! And most important, you should feel grateful! When someone is caring about us, we feel fortunate the other person cares... When others take the time to ask how you are or they smile, it is simply the best! You feel appreciated, happy and loved



September, 2014

Being a caring person has demonstrated that indeed caring inspires others on so many

levels in their lives... The first thing that we notice is the immediate gratitude when you care for another person. When you have an

attitude of gratitude, you begin to be more positive and that certainly gives them the encouragement to make the needed changes in their lives!

Article provided by Franspiration Blog:  
<http://franspiration.com/the-importance-of-caring-a-whole-awful-lot/>



## 4-H Activity: The Compliment Tree



**Materials:** A branchy tree limb, large coffee can, sand or small stones, fabric or paper hole punch, yarn pieces, assortment of 3x5 colored index cards or card stock

### **Procedures:**

1. Cover the coffee can with fabric or paper.
2. Fill the can with sand or small stones.
3. "Plant" the branch in the coffee pot.
4. Talk with the club about the difference between sincere and insincere compliments. Share with the club some examples of sincere compliments.
5. Have youth write specific compliments about a person in the class using the index cards.
6. Youth can then draw a flower or fruit shape around their compliments and cut them out.
7. Punch a hole in the

cards and use the yarn to hang them on the tree.

8. Encourage youth to continue adding compliments to the tree throughout the year or meeting.
9. You may want to have seasonally themed trees, clearing the compliments after each season.

Activity provided by Creative Teaching Press  
: <http://www.lf67.org/district/programs/EC/CARING%20master.pdf>

## Clover Connection



**Head** - think about ways to let others know we care.

**Heart** - communicate your care and show emotions to others.

**Hands** - practicing acts of kindness and service to others to show you care.

**Health** - show others we care about ourselves. Make healthy lifestyle choices for others to follow.



Kylie Anderson  
 Spencer Berezay  
 Keegan Bommer  
 Clark Buchenroth  
 Justin Castagno  
 True Dayton  
 Wyatt Eggett  
 Alexandra Gingery

Brooklyn McCooley  
 Sarah McIntosh  
 Alise Prestrud  
 Peter Prestrud  
 Taylor Santos  
 Sadler Smith  
 Jensey Stitt  
 Emma Watkins

Hope you have wonderful  
 birthday filled with fun and joy.  
 Happy Birthday!

Sage Anderson  
 Whitney Ball  
 Kinzie Castagno  
 Jack Cornish  
 Zoe Curran  
 Milo Goodell  
 Derek Grant  
 Thor Jaramillo  
 Avery MacFarland  
 Julia Mahood

Milo Mattson  
 Nelson Paradis  
 Elias Rammell  
 Ruby Rammell  
 Parker Rowe  
 Megan Tucker  
 Isabelle Uptain  
 Kylie Wilson





# CONGRATULATIONS!

## 2014 STATE FAIR EXHIBITS



### JUNIORS

Nevin Griber	Sport fishing	Division Winner
Nevin Griber	Poultry	Division Winner
Gavriel Bar-or	Photography	Blue Ribbon
Henry Berezay	Rifle	Purple Ribbon
Brandon Brazil	Guitar	Blue Ribbon
Hailee Brinton	Photography	Division Winner, 2 Purple & 1 Blue Ribbon
Kate Budge	Clothing Construction	3 Purple & 1 Blue Ribbon
William Carlson	Self-Determined	Blue Ribbon
Emma Genzer	Clothing Construction	Purple Ribbon
Kayli Genzer	Clothing Construction	2 Blue Ribbons
Erik Greger	Sports fishing	Blue Ribbon
Katie Kuhns	Quilting	Division Winner
Brayden Levanduski	Cake Decorating	Purple Ribbon
Lillian Lonneker	Rabbit	Purple Ribbon
Maria Mahood	Rabbit	Red Ribbon
Ella Watkins	Pocket Pets	Blue Ribbon

### INTERMEDIATES

Spencer Berezay	Rifle	Red Ribbon
Lillian Brazil	Quilting	Purple Ribbon
Jordan Lutz	Rabbit	Overall Grand Champion & Division Winner
Julia Mahood	Poultry	Blue Ribbon
Julia Mahood	Sports fishing	Blue Ribbon



# CONGRATULATIONS!

## 2014 STATE FAIR EXHIBITS



### INTERMEDIATES

Joni Moyer	Dog	Red Ribbon
Megan Tucker	Clothing Construction	Red Ribbon
Megan Tucker	Quilting	Blue Ribbon

### SENIORS

Kylie Anderson	Leadership	Blue Ribbon
Abigail Brazil	Quilting	Red Ribbon
Amber Budge	Quilting	Red Ribbon
Trever Swink	Sports Fishing	Division Winner
Zoe Curran	Photography	Purple Ribbon
Clara Delahaye	Quilting	Purple Ribbon
Emilie Gocke	Citizenship	Purple Ribbon
Emily Jennings	Rabbit	2nd Place In Division
Emily Mahood	Dog	Division Winner
Emily Mahood	Rabbit	Division Winner
Molly Moyer	Clothing Construction	2 Purple & 1 Blue Ribbon
Molly Moyer	Buymanship	Purple Ribbon
Molly Moyer	Cake Decorating	White Ribbon
Molly Moyer	Fashion Review	1 Purple & 1 Blue Ribbon

# WYOMING STATE FAIR AND RODEO DOUGLAS, WY



**Congratulations to all the Teton County youth that attended & exhibited at the state fair:**

Brayden Castagno—Beef & Swine

Justin Castagno—Swine

Kinzie Castagno—Swine

Kirby Castagno—Swine

Reegan Castagno—Beef & Swine

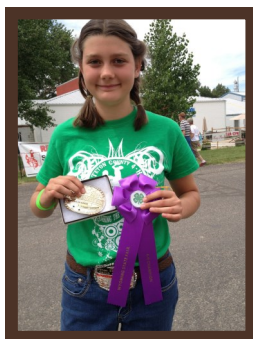
Bailey Chamberland—Horse

Jordan Lutz—Horse & Rabbit

Ashlyn Funk—Rabbit

Joni Moyer—Dog

Molly Moyer—Fashion



## THANK YOU NOTES



Thank you notes are a very important part of your success. Thank all those who help you including: your leader, parents, fellow 4-Hers, judges, buyers, trophy donors, and award donors. A smile and a thank you will brighten everyone's day.



**LIVESTOCK CHECKS ARE NOW READY FOR PICK-UP!**



4-H Leaders  
Council  
Meeting  
Sept. 9,  
5: 30 p.m.  
4-H Office

All 4-H  
Leaders and  
Jr.  
Leaders are  
members of  
the  
4-H Council.  
Meetings are  
on the 2nd  
Tuesday of  
every other  
month at  
5:30 pm



The purpose  
of the 4-H  
Council is to  
ensure that  
the essential  
elements of  
positive youth  
development  
are incorpo-  
rated into all  
aspects of  
the county  
4-H program.

For more  
information  
visit our  
website:  
[www.tetonwy.org](http://www.tetonwy.org)



## 4-H LEADERS

Thank you to all of our Leaders for all your hard work this past year! The 4-H program would not be as effective and successful without volunteers like you! You are truly making an impact and difference in the lives of our Teton youth and we are so grateful for the hundreds of hours you all log in serving 4-H youth and families!

Here are some upcoming deadlines and activities that are really important in club development:

- ♦ **September 8th-19th:** Record Book Scoring—all record book judging must be completed by 9/19
- ♦ **October 6th-10th:** National 4-H Week
- ♦ **October 9th:** Re-enrollment Night and Open House- Please come prepared to share club highlights and details to members and new potential members. 6-8 p.m. @ 4-H Building and in Alta
- ♦ **ASAP:** If you know when your club will begin meeting and what days and times your regular meetings will be, get on the calendar now as the building fills up quickly. Call Justine or Kaitlyn to reserve your space.
- ♦ **October 15th:** Achievement Night @ 6:00 pm, Fair Exhibit Hall
- ♦ **November 22th:** 4-H Council Meeting



Please tell all your friends and family about Teton County 4-H! Share all your memories and invite them to join too! There will be an open house at the 4-H Office on **Thursday, October 9, 2014 from 6:00-8:00pm.** Come sign up for 4-H and bring a friend or two that would like to join 4-H or find out a little more about the organization.



Currently active clubs with  
leaders in place:

- \* Archery
- \* Breeding Beef
- \* Breeding Sheep
- \* Breeding Swine
- \* Cake Decorating
- \* Citizenship
- \* Clogging

- \* Dogs
- \* Fabric and Fashion
- \* Gardening
- \* Guitar
- \* Horses
- \* Knitting
- \* Market Beef
- \* Market Sheep
- \* Market Swine

- \* Meat Goats
- \* Photography
- \* Quilting
- \* Rifle
- \* Self-determined
- \* Shotgun
- \* Sport fishing
- \* Wildlife & Habitat

We need leaders for  
the following clubs:

- \* Aerospace
- \* Cats
- \* Child Development
- \* Computers
- \* Crocheting
- \* Dairy Cattle
- \* Dairy Goats
- \* Electricity
- \* Entomology
- \* Foods and Nutrition
- \* Geology
- \* GIS/GPS

- \* Health
- \* Horse Judging
- \* Horticulture
- \* Hunting
- \* Interior Design
- \* Leather craft
- \* Livestock Judging
- \* Meats Judging
- \* Muzzle loading
- \* Nature and Ecology
- \* Pistol
- \* Pocket Pets
- \* Poultry
- \* Rabbits

- \* Range Management
- \* Robotics
- \* Rope craft
- \* Vegetable Judging
- \* Veterinary Science
- \* Visual Arts
- \* Web Pages
- \* Woodworking
- \* Wool Judging



# ACHIEVEMENT NIGHT

**OCTOBER 15, 2014 AT 6: 00 P.M.**

**FAIR EXHIBIT HALL**

4-H Achievement Night is the year-end celebration of all the year's achievements. All 4-H members will be honored for years of membership, Record Book awards, and special leadership awards. Record Books and fair premium checks will also be awarded at this time.

**Please have dinner before this event.** The 4-H Council and the Jr. Leaders will provide desserts and drinks following the awards program!

## AWARD NOMINATIONS

- ♦ **Outstanding Youth:** All youth
- ♦ **Above and Beyond Leader:** All leaders
- ♦ **Rookie Leader of the Year:** 1st or 2nd year leader
- ♦ **Friend of 4-H:** community member or organization
  - ♦ that has helped the 4-H program.

Nomination forms are found at the end of this newsletter.

These are due by email to [kromsa@tetonwyo.org](mailto:kromsa@tetonwyo.org) or turned into the 4-H Office by October 1st. Nominations turned in after this time will not be considered.

## RECORD BOOKS + PREMIUM CHECKS

Record Books will be returned to members at Achievement Night. If you are unable to attend Achievement Night, please pick up your packet in the 4-H Office immediately after Achievement Night.

This packet includes your fair premium check from Fair.

**Premium checks must be cashed by March 1st or they will be voided.**



## 4-H MEMBER RECOGNITION



### Membership Recognition

Member has turned in all required enrollment materials .

Member has behaved in an appropriate manner at all 4-H activities, events, and meetings .

Member is enrolled in at least one project .

Member is enrolled in at least one club or has approval of county 4-H Educator.

### Silver Recognition

Member meets Membership Recognition criteria.

Member has exhibited what he/she learned at some point in the current 4-H year.

Member provides documentation of setting goals, knowledge/skills gained and participation in project (via the Record Book).



### Gold Recognition

Member meets Membership Recognition criteria.

Member has exhibited what he/she learned at some point in the current 4-H year.

Member provides documentation of participation in *all* essential elements of positive youth development: setting goals, knowledge/skills gained, recognition, leadership, community service, and participation (via the Record Book).

### Wyoming 4-H Honors Club

The ultimate achievement that a 4-H member can obtain is inclusion in the Wyoming 4-H Honors Club. It is based on the principle of providing recognition for youth that maximize their opportunities to foster positive youth development elements of belonging, independence, generosity, and mastery over their time as a member in the program. Nineteen (19) points must be accumulated to obtain the status. Annual efforts are accumulated based on receiving three (3) points for a gold effort and one (1) point for a silver effort.

# AWARD NOMINATIONS — DUE OCTOBER 1, 2014

## Outstanding Youth Nomination Form

Your Nominee Is: \_\_\_\_\_ Your Name: \_\_\_\_\_

I feel this member is deserving of this award because (use additional paper if necessary):

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## Above and Beyond 4-H Leader Nomination Form

This award is open to any 4-H Leader

Your Nominee Is: \_\_\_\_\_ Your Name: \_\_\_\_\_

I feel this leader is deserving of this award because (use additional paper if necessary):

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## Rookie Leader Nomination Form

This award is open to any first or second year 4-H Leader

Your Nominee Is: \_\_\_\_\_ Your Name: \_\_\_\_\_

I feel this leader is deserving of this award because (use additional paper if necessary):

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## Friend of 4-H Nomination Form

This award is open to any person or business that has helped support the 4-H program. Awards will be presented at Achievement Night in October.

Your Nominee Is: \_\_\_\_\_

I feel this person/business is deserving of this award because (use additional paper if necessary):

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## 4-H CLUB LEADER THANK YOU

Please fill out as many of these questions as you can by Oct. 1st. Please email any pictures you have of your 4-H Leader in action by Oct. 1st. Responses to questions can also be emailed.

1. What is your name? \_\_\_\_\_
2. If you could tell your 4-H leader (s) thank you for what they have done for you, what would you say? (please include their name)
2. How has your 4-H Leader (s) or 4-H changed you?
3. What is your favorite thing about your 4-H Leader (s)?
4. Is there anything else you would like to tell your 4-H Leader?

Thank you for taking the time to thank your 4-H Leader!

## EXTENSION NEWS

### Happy 100 years UW Extension Service

The Extension Service is celebrating 100 years. I am working on getting the 100 years of Extension Display here in Teton County. You can follow Extension Centennial Tweets at #EXT100years#Wyoming



If you have a UW Extension Story to share go to [www.uwyo.edu/ces/](http://www.uwyo.edu/ces/) and click to tell your story.

And speaking of stories, the Jackson Hole Historical Museum is featuring "***The Last Homestead'... the McKinstry Homestead at Pacific Creek***" as part of Jackson's Centennial. This homestead is where Stella McKinstry, (a long time Extension Educator from Sublette County) was born. Stella went to 4-H Camp and worked with Teton County 4-Hers for 60 years. Her mother's memoir has been made into a historical display. The display opens Thursday, October 11 at 1:00pm with an ice cream social. I understand that it will be up till the end of October.

The UW Extension Service also provides Area Extension Educators who work in four additional program areas : *Community Development Education* (Mary Martin located in Teton; Kimberly Chapman located in Uinta); *Profitable and Sustainable Agriculture* (Hudson Hill located in Lincoln and Bridger Feuz located in Uinta); *Rangeland Resources* (Windy Kelley located in Sublette); *Nutrition and Food Safety* (Teton County's position is also in a national search and Jossy Ibarra is located in Sweetwater) The Area Extension Educators in the four areas provide educational programming in Teton, Sublette, Lincoln, Sweetwater and Uinta Counties.



Mary Martin



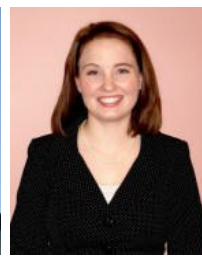
Hudson Hill



Windy Kelley



Bridger Feuz



Kimberly Chapman



Jossy Ibarra

## MORE EXTENSION NEWS

### Other Extension Topics:

There are many exciting opportunities to learn available to us. I think you may want to check out this conference. If you can't make it you can view some of the sessions remotely. Keeping up with digital communication is a useful topic for all of us.

E-volution conference at Univ of Wyoming.

For more details: <http://bit.ly/WSTBJW> [#wyoedchat](#) [pic.twitter.com/vFL6wrOGle](http://pic.twitter.com/vFL6wrOGle)



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## NAILS IN THE FENCE

There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence.

The first day the boy had driven 37 nails into the fence.

Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually dwindled down.

He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all.

He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper.

The days passed and the young boy was finally able to tell his father that all the nails were gone.

The father took his son by the hand and led him to the fence. He said, "You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. But it won't matter how many times you say I'm sorry, the wound will still be there. A verbal wound is as bad as a physical one."

Remember that friends are very rare jewels indeed.

They make you smile and encourage you to succeed; They lend an ear, they share words of praise and they always want to open their hearts to us.



### Teton County Office

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Jackson, WY 83001-1708

PRESORT STANDARD  
US POSTAGE PAID  
Jackson, WY  
Permit # 5



4-H is a **community** of **young people**  
**across America** who are learning  
**leadership, citizenship and life skills.**

## 4-H FAMILY NEWSLETTER

Stay Tuned in to what's happening in the  
4-H program via technology:

- ◇ Download the 4-H App for you iPhone or  
smartphone via the App store or android  
market! Choose "4-H News"
- ◇ Check out our Facebook Page [https://  
www.facebook.com/pages/Teton-County-  
Wyoming-4-H/438095165643](https://www.facebook.com/pages/Teton-County-Wyoming-4-H/438095165643)
- ◇ Visit our website: [http://  
www.tetonwyo.org/ex4h/](http://www.tetonwyo.org/ex4h/)

### In This Issue:

- **National 4-H Week**
- **4H Opportunities**
- **4H Achievement Night**



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Glen Whipple, director, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.  
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University of Wyoming, Department 3434, 1000 E. University Avenue, Laramie, WY 82071.*