

RECOMMENDATION #10 RE-ISSUED

RECOMMENDATION FROM the TETON DISTRICT HEALTH OFFICER

**GENERAL PUBLIC – COVID-19 DISEASE RED LEVEL RISK
RECOMMENDATION FOR THE GENERAL PUBLIC
WITHIN TETON COUNTY, WYOMING**

WHEREAS, during late October and early November 2020, there has been a substantial increase of active cases of COVID-19 in Teton County, Wyoming; and

WHEREAS, contact tracing has evidenced that community spread of COVID-19 is occurring in Teton County, Wyoming, and has led to the rise in active cases of COVID-19; and

WHEREAS, Dr. Travis Riddell, MD, MPH, serves as the Teton District Health Officer pursuant to Wyoming Statute § 35-1-306(a); and

WHEREAS, Teton County and the City of Jackson have formed the Teton Health District which encompasses all of Teton County, Wyoming, including the City of Jackson, a Wyoming Municipality; and

WHEREAS, there are 4,451 active cases of COVID-19 in Wyoming as of November 3, 2020, and 96 active cases of COVID-19 in Teton County as of November 3, 2020, as well as the presence of community spread in Teton County.

WHEREAS, county-specific metrics have triggered an increase in the Teton County Health Department's assessment of COVID-19 risk level is RED.

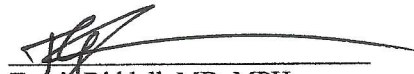
NOW, THEREFORE, IT IS HEREBY RECOMMENDED, that the general public take extreme precautions, specifically:

1. Limit exposure to others outside of your household, school, and work.
2. Work from home if possible. Phone and video chats are encouraged in place of in-person meetings. Within offices and businesses, stagger schedules and sanitize spaces and objects at least daily.
3. Travel for essential purposes only and limit contact with others in public places. Self-monitor symptoms for 14 days upon return. When traveling areas with a high number of COVID-19 cases should be avoided.
4. Follow physical distancing measures:
 - a. Always maintain a 6 foot distance from other individuals when in public, even when wearing a mask.
 - b. Wear a cloth face covering in public when you cannot maintain 6 foot physical distancing.
 - c. Refrain from shaking hands with other individuals
 - d. Do not visit friends or family without urgent need.
 - e. Do not attend non-essential gatherings.
5. Follow strict hygiene standards including:
 - a. Wash hands with soap and water for at least 20 seconds as frequently as possible.
 - b. Use hand sanitizer (at least 60% alcohol based) when soap and water are not available.
 - c. Cover coughs or sneezes into the elbow or sleeve, not hands.

- d. Regularly disinfect high-touch surfaces (buttons, door handles, counters, etc.)
- e. Stay home when sick, even with mild symptoms.
- 6. Avoid physical interactions with high-risk individuals as much as possible.
- 7. No non-essential visits to hospital, nursing homes and other residential care facilities.
- 8. Do not participate in or arrange in-person playdates or similar activities. All symptomatic children should stay home.
- 9. Reduce your trips to the grocery store and other errands. Only send one person per household.
- 10. Contactless, curbside, delivery, takeout, and virtual services are strongly encouraged.
- 11. Avoid crowded indoor spaces.
- 12. Do not congregate at trail heads, parks, or other outdoor spaces.
- 13. Continue to follow other State and County Health Orders, Recommendations and Guidelines.

EFFECTIVE DATE: This recommendation is effective November 3, 2020 and shall continue until the Teton County Health Department reduces the risk level from Red back down to a lower level.

DATED THIS 4 DAY OF November, 2020.


Travis Riddell, MD, MPH
Teton District Health Officer