



# TIPS FOR STUDENTS TRAVELING HOME

Students who are symptomatic, infected, or have recently been exposed to the virus should not travel. They should remain where they are until their quarantine or isolation period is over.

## Before Travel

- At least 2 weeks prior to departure from campus, students should be encouraged to:
  - Get an influenza vaccination
  - Minimize the risk of exposure and infection by reducing the number of people with whom they have close contact prior to the trip

## Day of Travel

- Reduce the number of stops on the trip (e.g. direct flight, pack your own food and water)
- Take safety precautions including: wear a mask at all times, stay six feet away from other people, carry and frequently use hand sanitizer
- If in a car with others from outside your household, space yourselves apart and open the windows if possible

## Arrival at Home

- The most cautious approach is to quarantine for 14 days after travel
  - Do this especially if you have any vulnerable, high-risk individuals living in your household
  - If quarantine is not possible, stay physically distant from household members and wear a mask for the first 14 days at home

Remember to get tested about 7 days after you arrive home!

