

Teton County's Recommendations when in times of Extremely High COVID-19 Cases

Teton County Health Department has developed a color-coded public health guidance system to provide actions our community members can take to decrease the spread of COVID-19.

This guidance correlates to extremely high COVID-19 transmission in our community, extreme demand on COVID-19 testing, and our Case Investigating Team being overwhelmed and not able to get to all cases.

Space out at work.

Allow telework as much as possible. Within the workplace, implement staggering schedules, wear masks while at work, host meetings virtually, and increase ventilation.



Get vaccinated.

COVID-19 vaccines are effective at protecting you from getting COVID-19. Vaccines prevent serious illness and death and reduce the risk of people spreading COVID-19 to others. **Protect yourself, family, friends, and neighbors by getting vaccinated and boosted.**

Visit www.tetoncountywy.gov/CovidVax for more information.



Choose your bubble.

Limit the number of people you are exposed to. Avoid social, recreational, and extracurricular gatherings with members outside of your household.



Avoid crowded indoor spaces and events.

Avoid the "3 C's": Spaces that are **Crowded**, have high potential for **Close contact**, or are **Confined** and enclosed with poor ventilation.



Reduce your trips to get food and limit other errands.

Only send one person per household. Contactless, curbside, delivery, takeout, and virtual services are strongly encouraged.



Protect vulnerable populations.

No non-essential visitors to hospitals, nursing homes and other residential care facilities.



Limit your travel.

Delay travel until you are fully vaccinated. Upon return, self-monitor for symptoms and test 3-5 days after returning.



Socialize virtually.

Do not participate in or arrange in-person social activities. Prioritize attending outdoor activities over indoor activities and host social gatherings virtually.



Keep your surfaces clean.

Routinely disinfect high touch surfaces in your home and increase ventilation.

Everyday preventative measures that can decrease risk, when combined with other recommendations

Stay home.

Stay home and test when symptomatic, regardless of vaccination status.

Visit www.tetoncountywy.gov/testing for testing options.



Wear a mask.

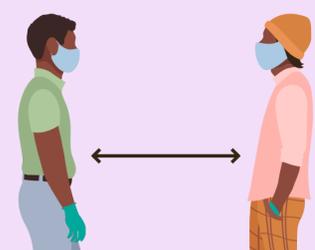
Wear the best mask you have in public indoor settings including but not limited to schools, childcare facilities, restaurants, bars, movie theaters, grocery stores, retail stores, aerial trams, gondolas, and workplaces.

Visit <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/masks.html> for more information.



Keep your distance.

Maintain at least a 6-foot distance from others when in public, even when wearing a mask.



Wash your hands regularly.

Wash your hands with soap and water for at least 20 seconds and use hand sanitizer when soap and water are not available. Routinely disinfect high touch surfaces.

