



UPDATED GUIDANCE after being exposed to COVID-19 Regardless of vaccination status or previous infection

An individual may be infectious for COVID-19 beginning 48 hours prior to their symptom onset or positive test (if asymptomatic) and through their isolation.

	Recommendations:
<p style="text-align: center;">After exposure to COVID-19 (regardless of vaccination status or previous infection):</p>	<p>Start taking precautions immediately; continue for 10 full days from last day of exposure*</p> <p>Precautions:</p> <ul style="list-style-type: none"> • Wear a high-quality mask around others • Do not go places where you are unable to mask • Avoid being around high-risk individuals • Watch for symptoms <i>If you have symptoms or develop symptoms during precautions → test and isolate immediately!</i> • Test on day 6 <u>If positive: ISOLATE</u> <u>If negative: continue precautions</u>; you can still develop COVID-19 up to 10 days after you have been exposed <p><u>If you tested positive for COVID-19 in the last 90 days:</u> Use only antigen tests Multiple tests may be necessary to rule out COVID-19</p> <p><i>Children under 2 years of age may follow above recommendations without wearing a mask.</i></p>
<p>*Counting days: <u>Day 0</u> = last day of exposure If you have ongoing exposure to an individual who is positive for COVID-19, begin precautions immediately and for a full 10 days following the last day of their isolation (day 0).</p>	
<p>For more information: https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html</p>	