



Jackson Hole Fire/EMS Operations Manual

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Title: **Medication Protocol:
Epinephrine 1:1,000**
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EPINEPHRINE 1:1,000 (Medication Protocol)

EMR

EMR - Auto-injector epinephrine pens only.

EMT

Intramuscular Injection **STANDING ORDER** for anaphylaxis

ADVANCED EMT, EMT I, PARAMEDIC

STANDING ORDER

CLASS: Sympathetic agonist (sympathomimetic)

PHARMACOLOGY/ ACTIONS: Epinephrine acts directly on α - and β -adrenergic receptors. Its effect on β -receptors is much more profound than its effect on α -receptors.

- β_1 effects include: \uparrow HR, \uparrow cardiac contractile force, \uparrow electrical activity in the myocardium, \uparrow systemic vascular resistances, \uparrow BP, \uparrow automaticity
- β_2 effects include dilates bronchial smooth muscle and inhibits mucous secretion.
- Alpha effects include: constricts bronchiole arterioles, inhibits histamine release, constricts arterioles in the skin, mucous membranes, and kidneys, but dilates those in the skeletal muscle.

Action is through a natural hormonal mechanism.

ONSET/DURATION: Onset: < 2 mins. [IV/IO/IM]
Duration: 5-10 mins.

USE IN FIELD/ INDICATIONS:

- Anaphylaxis/Allergic Reaction
- Severe Asthma
- Cardiac Arrest

CONTRAINDICATIONS: Hypovolemic shock, severe hypertension, **Relative**-coronary artery disease, pregnancy, severe tachydysrhythmias, PVC's, hyperthyroidism, cerebrovascular insufficiency.

SIDE EFFECTS: Tachycardia, palpitation, anxiety, tremor, headache, nausea, weakness, restlessness, hypertension

DRUG INTERACTIONS: MAO inhibitors may potentiate effects. β -adrenergic antagonists may blunt inotropic response. Sympathomimetics and phosphodiesterase inhibitors may exacerbate dysrhythmia response

ROUTE: IV, IO, IM

DOSAGE:	ADULT		PEDIATRIC (<45 kg)	
	Auto-Injector	0.3 mg IM	Auto-Injector	0.15 mg IM
	Asthma & allergic reaction	0.3mg (0.3ml) IM. May repeat every 5 minutes	Asthma & allergic reaction	0.01 mg/kg (0.01ml/kg) IM, May repeat every 5 minutes

PREGNANCY SAFETY: Category C – give only if potential benefits justifies risk to fetus

COMMENTS: Be extremely cautious with dosage calculations and administration. Use with caution in patients with peripheral vascular insufficiency. Effects can be intensified in patients who are taking antidepressants. CAUTION in patients OVER 50 yo due to cardiovascular stress.